

OMAN WEEK

This document contains all the information you need to know for your child's Oman Week activities.

MUSCAT



WHERE ARE WE GOING? WHAT ARE WE DOING?

Here is a break down of our trip schedule. All activities are weather and time permitting, and subject to be changed or rearranged as necessary.

MONDAY	TUESDAY	WEDNESDAY
Leave ABIS by 8:45	Breakfast at hotel	Breakfast at hotel
Visit to Oman Aquarium: Diving Show, Fish Feeding, Workshop & photo	Visit to Bait Al Zubair Museum Explore Mutrah Corniche Visit Mutrah Souq	Visit to Sultan Qaboos Grand Mosque Guided Tour of mosque and education centre
STUDENT PACKED LUNCH Picnic lunch & play at MQ Park	Lunch at Mall of Oman	
Tour of Royal Opera House Interactive Music Exhibition Check into Hotel	Snow Oman Experience Chill time at hotel (supervised)	Lunch on bus Travel back to ABIS - estimated arrival 2:00pm
Buffet Dinner at the Hotel	Buffet Dinner at the hotel	Normal 3pm dismissal time
	Movie Night at Hotel	

GENERAL INFORMATION



Where Is My Child Going?

Your child will be visiting a number of sites in and around Muscat. They will be spending 2 nights at the Crowne Plaza OCEC

What are the objectives of the trip?

Our objectives for this trip are to:

- explore some of Muscat's famous sights
- enjoy educational experiences off campus
- develop independence and autonomy by staying overnight away from home

Who will accompany my child?

- Megan Gless (teacher chaperone)
- Michael Glover (teacher chaperone)
- Khadija Al Ghaithi (teacher chaperone)
- Matthew Richmond (teacher chaperone)
- Mary Ann Van De Weerd (teacher chaperone)
- Viviana Paez Rojas (teacher chaperone)

What will happen if my child is sick/ injured?

All of the teachers accompanying the trip have been First Aid trained, and will have medical supplies on hand. If a potential injury/illness requires more substantial medical attention, we will have a vehicle on hand to transport students to the nearest hospital.

What if I need to contact you during the trip?

Please contact ABIS reception, and they will inform us. Otherwise, updates will be sent on Seesaw and we will share a link to the photos. We will also have your emergency contact information with us at all times.



GENERAL ITEMS

- small day bag (for daily outings)
- Reusable water bottle
- plastic bag (for laundry)
- sunscreen
- toiletries
- reading book
- small game
- **OPTIONAL:**
Spending money - own responsibility!
Please no more than 5 OMR

Sunday

- **PACKED LUNCH!**
- comfortable sports shoes
- ABIS top
- Suitable shorts/trousers
- Sunhat
- Warm jacket/jumper/ hoodie
- warm pajamas/sleepwear

Monday

- ABIS House t-shirt
- long pants/jeans
- Gloves/hats/scarves/warm clothing for Snow Oman

Tuesday

- free dress choice
- **BUT** must be long sleeves, trousers for visiting the mosque
- Head Scarf for girls (Mosque visit only)

DO NOT BRING

- *electronic devices (including phones, smart watches & iPads)

PLEASE REMEMBER

- * Please only pack what your child can carry! (1 carry-on baggage-sized or medium-sized backpack + 1 day bag per child)
- * Please be sure to have your child at the school no later than 8:00 am on departure day, earlier if possible!
- * If your child requires any medication, please...
 - place the medication in a clearly labelled airtight bag
 - include dosage instructions, and prescription note if necessary
 - hand it directly to Miss Megan or Mr. G *prior to the trip.*