

7 Learning Outcomes

...and what they *REALLY* mean!

1

Identify your own strengths and develop areas for personal growth

What are you good at and what do you enjoy doing? What areas can you improve? Which aspects of your CAS experience did you find challenging and how would you do things differently in future?

2

Demonstrate that challenges have been undertaken, developing new skills in the process

What have you done to push yourself? What was unfamiliar about it? What skills do you think you developed?

3

Demonstrate how to initiate and plan a CAS experience

Document how you organized it, who you contacted, what resources you used and what were the planning and implementation processes involved?

4

Show commitment to and perseverance in CAS experiences

CAS is a requirement of the DP so your commitment to your CAS experiences is vital. If you hit any road blocks, try to find your way around them. Keep going and solve the problems as you go!

5

Demonstrate and recognise the benefits of working collaboratively

One of the best and most fun parts of CAS is working with and learning from others. This can range from playing a new team sport to being involved in a play or volunteer group.

6

Demonstrate engagement with issues of global significance

What issues of global significance do you care about and how can you help in your local community? Think global, act local.

7

Recognize and consider the ethics of your choices and actions

Think about the CAS activities you are doing and how they affect you, others and the world around you. What are the consequences of your choices and actions?