



FIT GUIDE

LANDS' END

① SCHOOL UNIFORMS

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GIRLS' GUIDE TO A GREAT FIT

How to order the right size, first try.

1. Kids grow fast, so measure your child every time you buy.
2. Remove bulky or heavy layers.
3. Begin with height, it's the best indicator to determine a child's size.
4. After height, a child's weight and/or waist measurement is the best gauge if your child needs an extended size (slim or plus).

How do I know if my child needs an extended size?

1. If you normally buy her a size 12 to fit her waist, but the inseam is always too long, she may need a 10 Plus (10+). Here's why: a 10+ will give her extra room around her waist, yet has a shorter inseam, for a better overall fit in the waist and length.
2. If you normally buy her a size 12 to fit her waist, but the inseam is always too short, she may need a 14 Slim (14S). Here's why: a 14S is slimmer through the waist, yet has a longer inseam, for a better overall fit in waist and length.

*Be sure to compare her measurements with the size chart as she may need a different size in a slim or plus than her regular size.

REMEMBER! Start with height.

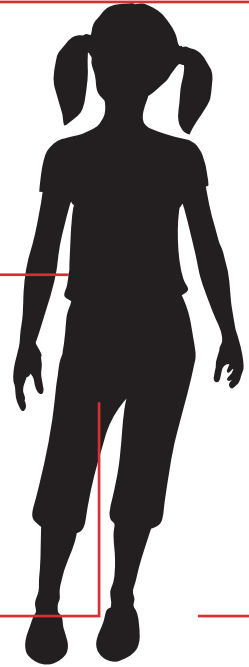
Height: Child should stand in stocking feet, with feet shoulder-width apart, back to a wall. Measure from floor to crown of head.

Waist: Measure at the natural waistline. Have child bend to the side. Where the body curves is the natural waistline.

Height

Waist

Inseam



TODDLER			
size	2T	3T	4T
height (in)	33-35	36-38	39-41
height (cm)	83.8-88.9	91.4-96.5	99.1-104.1
weight (lb)	28-30	30-33	34-38
weight (kg)	12.7-13.6	13.6-15	15.4-17.2
waist (in)	21	21½	22
waist (cm)	53.3	54.6	55.9

LITTLE GIRL (SLIM, REG)							
size	small		medium		medium		large
	4S	4R	5S	5R	6S	6R	6XR/7R
height (in)	40-42	40-42	43-45	43-45	46-48	46-48	49-51
height (cm)	101.6-106.7	101.6-106.7	109.2-114.3	109.2-114.3	116.8-121.9	116.8-121.9	124.5-129.5
weight (lb)	28-32	34-38	33-37	39-43	36-42	42-48	52-58
weight (kg)	12.7-14.5	15.4-17.2	15-16.8	17.7-19.5	16.3-19.1	19.1-21.8	23.6-26.3
waist (in)	19¼	22	20¼	22½	20¾	23	23½
waist (cm)	50.2	55.9	51.4	57.2	52.7	58.4	59.7

BIG GIRL (SLIM, REG, PLUS)												
size	small		small		small		medium		medium		medium	
	7S	7R	7+	8S	8R	8+	10S	10R	10+	12S	12R	12+
height (in)	49-51	49-51	49-51	52-54	52-54	52-54	55-57	55-57	55-57	58-60	58-60	58-60
height (cm)	124.5-129.5	124.5-129.5	124.5-129.5	132.1-137.2	132.1-137.2	132.1-137.2	139.7-144.8	139.7-144.8	139.7-144.8	147.3-152.4	147.3-152.4	147.3-152.4
weight (lb)	46-52	52-58	63-71	55-62	61-68	72-80	65-81	71-87	81-90	79-89	85-95	91-108
weight (kg)	20.9-23.6	23.6-26.3	28.6-32.2	25-28.1	27.7-30.8	32.7-36.3	29.5-36.7	32.2-39.5	36.7-40.8	35.8-40.4	38.6-43.1	41.3-49
waist (in)	21¼	23½	27½	22	24¼	28	23	25	28½	24	26	30½
waist (cm)	54	59.7	69.9	55.9	61.6	71.1	58.4	63.5	72.4	61	66	77.5

BIG GIRL (SLIM, REG, PLUS)						
size	large		large-x-large		x-large	
	14S	14R	14+	16S	16R	16+
height (in)	61-62	61-62	61-62	62-63	62-63	62-63
height (cm)	154.9-157.5	154.9-157.5	154.9-157.5	157.5-160	157.5-160	157.5-160
weight (lb)	93-104	99-110	109-120	103-114	109-120	121-131
weight (kg)	42.2-47.2	44.9-49.9	49.4-54.4	46.7-51.7	49.4-54.4	54.9-59.4
waist (in)	25	28	32	26	30	34
waist (cm)	63.5	71.1	81.3	66	76.2	86.4

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WOMEN'S GUIDE TO A GREAT FIT

WOMEN'S TOPS:
Measure your bust, chest and arm.

Bust/Chest: Measure around the fullest part of your chest, keeping the tape parallel to the floor. (Subtract 1"/2.54cm if you're measuring over clothes.)

Arm: Place hand on hip. Start at center back of your neck, measure across the shoulder to the elbow and down to the wrist.

WOMEN'S BOTTOMS:
Measure your waist, hips and inseam.

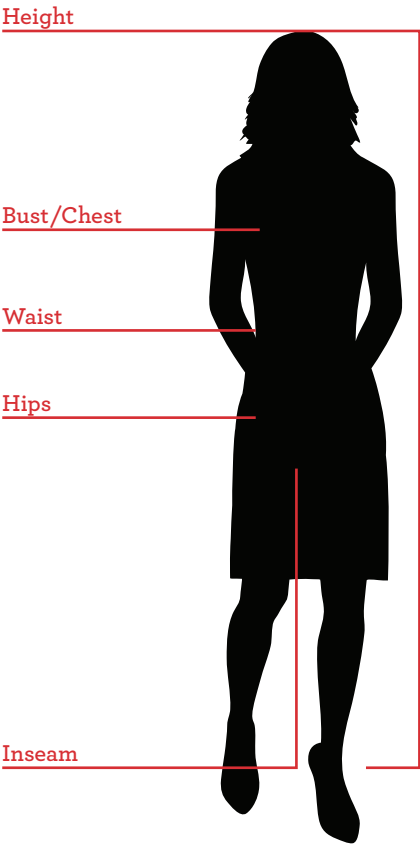
Waist: Remove your belt and bend to your side. Where your body curves is your natural waist. Measure here even if you wear your pants lower.

Hips/Thigh: Stand with your legs shoulder-width apart. Measure the fullest part of your hip/thigh area. (Subtract 1"/2.54cm if you are measuring over clothes.)

Inseam: Start where the insides of your legs meet and measure down the inner leg seam of your pants to your hem, or measure the inseam on your favorite pair of pants.

BLAZER FIT TIPS

When you try on a blazer, shirt sleeves should end ½"/1.27cm to 1"/2.54cm past the blazer sleeves. The length should cover the backside and the collar should reveal about ½"/1.27cm of your shirt collar.



YOUNG WOMEN – JUNIORS									
size	x-small		small		medium		large		
	0	1	3	5	7	9	11	13	15
bust (in)	30½	31½	32½	33½	34½	35½	37	38½	40
bust (cm)	77.5	80	82.6	85.1	87.6	90.2	94	97.8	101.6
waist (in)	25	26	27	28	29	30	31½	33	34¾
waist (cm)	63.5	66	68.6	71.1	73.7	76.2	77.5	83.8	88.3
hip (in)	34	35	36	37	38	39	40½	42	43½
hip (cm)	86.4	88.9	91.4	94	96.5	99.1	102.9	106.7	110.5
AVERAGE HEIGHT FOR ALL SIZES - 5'5"/165.1cm									

WOMEN'S													
size	xx-small		x-small		small		medium		large		x-large		
	00	0	2	4	6	8	10	12	14	16	18	20	
bust/chest (in)	31	32	33	34	35	36	37	38½	40	42	44	46	
bust/chest (cm)	78.7	81.3	83.8	86.4	88.9	91.4	94	97.8	101.6	106.7	111.8	116.8	
arm-petite (in)	27⅞	28	28⅞	28¾	29⅞	29½	29⅞	30¼	30⅞	31	31⅞	31¾	
arm-petite (cm)	40.2	71.1	72.1	73	74	74.9	75.9	76.8	77.8	48.7	79.7	80.6	
arm-regular (in)	28⅞	29¼	29⅞	30	30⅞	30¾	31⅞	31½	31⅞	32¼	32⅞	33	
arm-regular (cm)	73.3	74.3	75.2	76.2	77.2	78.1	79.1	80	81	81.9	82.9	83.8	
arm-tall (in)	--	--	30⅞	31	31⅞	31¾	32⅞	32½	32⅞	33¼	33⅞	34	
arm-tall (cm)	--	--	77.8	78.7	79.7	80.6	81.6	82.6	83.5	84.5	85.4	86.4	
arm-women's (in)	--	--	--	--	--	--	--	--	--	--	--	--	
arm-women's (cm)	--	--	--	--	--	--	--	--	--	--	--	--	
waist (in)	24½-25½	25½-26½	26½-27½	27½-28½	28½-29½	29½-30½	30½-31½	32-33	33½-34½	35-36½	37-38½	39-40½	
waist (cm)	62.2-64.8	64.8-67.3	67.3-69.9	69.9-72.4	72.4-74.9	74.9-77.5	77.5-80	81.3-83.8	85.1-87.6	88.9-92.7	94-97.8	99.1-102.9	
hips (in)	34	35	36	37	38	39	40	41½	43	44½	46½	48½	
hips (cm)	86.4	88.9	91.4	94	96.5	99.1	101.6	105.4	109.2	113	118.1	123.2	

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SKIRT STORY

The Right Fit.

OUR SKIRTS COME IN THREE LENGTHS

The right fit is Guaranteed. Period.®

ABOVE the KNEE

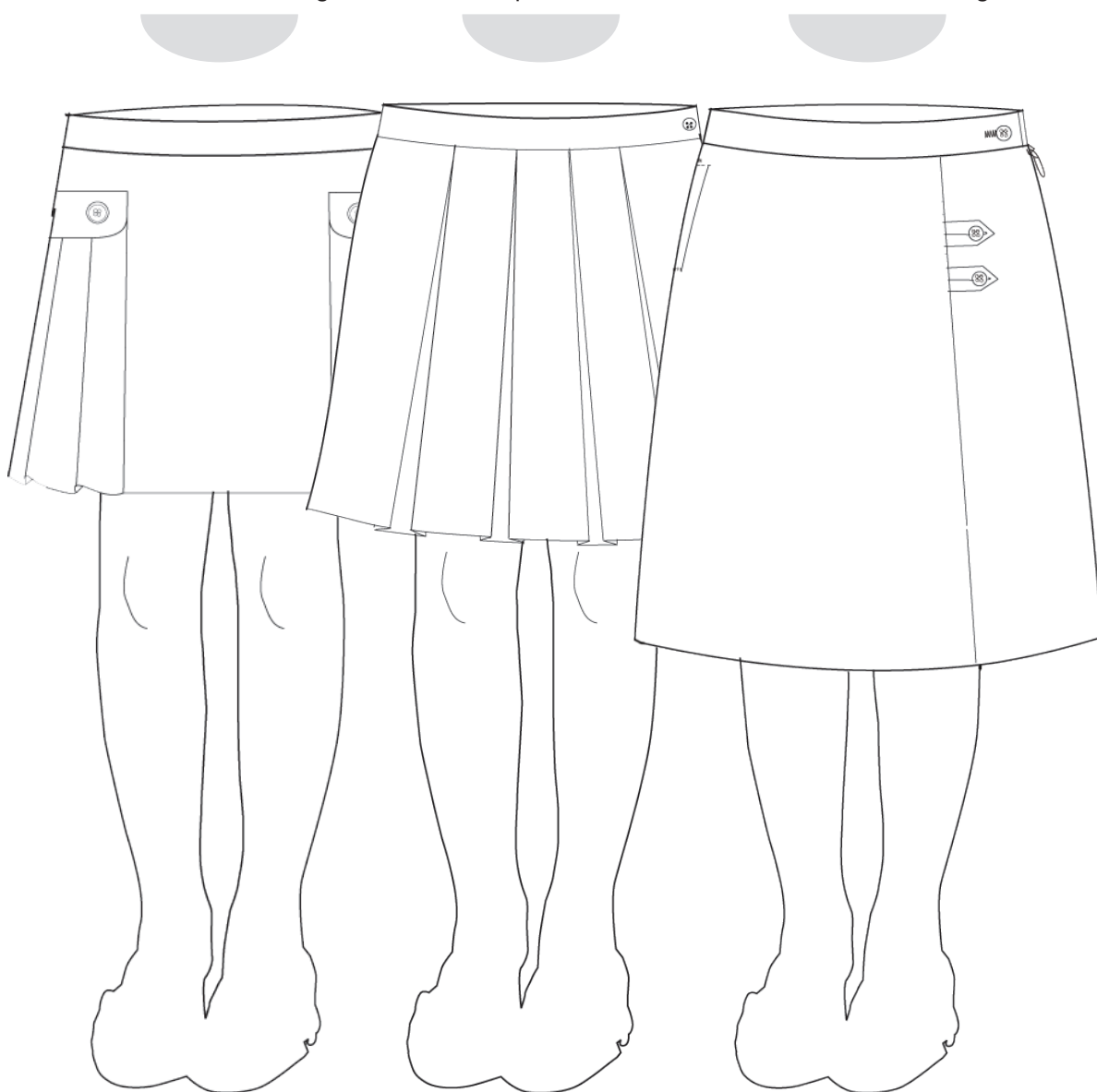
Sits slightly below the waist. Hits at mid-thigh.

TOP of the KNEE

Sits slightly below the waist. Hits at top of the knee.

BELOW the KNEE

Sits slightly below the waist. Full knee coverage.



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BOYS' GUIDE TO A GREAT FIT

How to order the right size, first try.

1. Kids grow fast, so measure your child every time you buy.
2. Remove bulky or heavy layers.
3. Begin with height, it's the best indicator to determine a child's size.
4. After height, a child's weight and/or waist measurement is the best gauge if your child needs an extended size (slim or husky).

How do I know if my child needs an extended size?

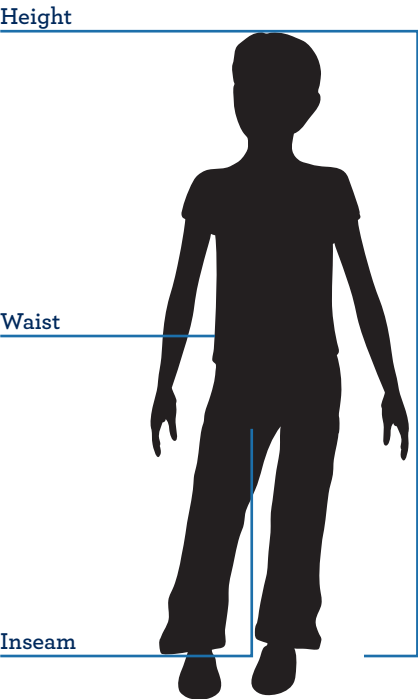
1. If you normally buy him a size 12 to fit his waist, but the inseam is always too long, he may need a 10 Husky (10H). Here's why: a 10H will give him extra room around his waist, yet has a shorter inseam, for a better overall fit in the waist and length.
2. If you normally buy him a size 12 to fit his waist, but the inseam is always too short, he may need a 14 Slim (14S). Here's why: a 14S is slimmer through the waist, yet has a longer inseam, for a better overall fit in the waist and length.

*Be sure to compare his measurements with the size chart as he may need a different size in a slim or husky than his regular size.

REMEMBER! Start with height.

Height: Child should stand in stocking feet, with feet shoulder-width apart, back to a wall. Measure from floor to crown of head.

Waist: Measure at the natural waistline. Have child bend to the side. Where the body curves is the natural waistline.



TODDLER			
size	2T	3T	4T
height (in)	33-35	36-38	39-41
height (cm)	83.8-88.9	91.4-96.5	99.1-104.1
weight (lb)	28-30	30-33	34-38
weight (kg)	12.7-13.6	13.6-15	15.4-17.2
waist (in)	21	21½	22
waist (cm)	53.3	54.6	55.9

LITTLE BOY (SLIM, REG)								
size	small		medium		medium		large	
	4S	4R	5S	5R	6S	6R	7S	7R
height (in)	40-42	40-42	43-46	43-45	46-47	46-47	47-49	47-49
height (cm)	101.6-106.7	101.6-106.7	109.2-116.8	109.2-114.3	116.8-119.4	116.8-119.4	119.4-124.5	119.4-124.5
weight (lb)	28-32	34-38	33-37	39-43	36-42	42-48	42-47	49-54
weight (kg)	12.7-14.5	15.4-17.2	15-16.8	17.7-19.5	16.3-19.1	19.1-21.8	19.1-21.3	22.2-24.5
waist (in)	19¾	22	20¼	22½	20¾	23	21¼	23½
waist (cm)	50.2	55.9	51.4	57.2	52.7	58.4	54	59.7

BIG BOY (SLIM, REG, HUSKY)						
size	small		medium			
	8S	8R	8H	10S	10R	10H
height (in)	50-53	50-53	50-53	53-56	53-56	53-56
height (cm)	127-134.6	127-134.6	127-134.6	134.6-142.2	134.6-142.2	134.6-142.2
weight (lb)	47-58	55-67	62-75	59-71	68-80	76-90
weight (kg)	21.3-26.3	24.9-30.4	28.1-34	26.8-32.2	30.8-36.3	34.5-40.8
waist (in)	21½	23¾	25½	22½	24½	26½
waist (cm)	54.6	60.3	64.8	57.2	62.2	67.3

BIG BOY (SLIM, REG, HUSKY)															
size	medium			large		large		large		x-large		x-large		x-large	
	12S	12R	12H	14S	14R	14H	16S	16R	16H	18S	18R	18H	20S	20R	20H
height (in)	57-59	57-59	57-59	60-62	60-62	60-62	63-65	63-65	63-65	66-67	66-67	66-67	68-69	68-69	68-69
height (cm)	144.8-149.9	144.8-149.9	144.8-149.9	152.4-157.5	152.4-157.5	152.4-157.5	160-165.1	160-165.1	160-165.1	167.6-170.2	167.6-170.2	167.6-170.2	172.7-175.3	172.7-175.3	172.7-175.3
weight (lb)	72-83	81-94	91-105	84-96	95-108	106-119	97-109	109-120	120-134	110-122	121-132	135-148	123-135	133-145	149-161
weight (kg)	32.7-37.6	36.7-42.6	41.3-47.6	38.1-43.5	43.1-49	48.1-54	44-49.4	49.4-54.4	54.4-60.8	49.9-55.3	54.9-59.9	61.2-67.1	55.8-61.2	60.3-65.8	67.6-73
waist (in)	23½	25½	27½	24½	26½	29	25½	27½	30	26½	28½	31	28½	29½	32
waist (cm)	59.7	64.8	69.9	62.2	67.3	73.7	64.8	69.9	76.2	67.3	72.4	78.7	72.4	74.9	81.3

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MEN’S GUIDE TO A GREAT FIT

MEN’S SHIRTS/BLAZERS

Neck: Measure around midpoint of the neck. Put a finger inside the tape when measuring to allow for a comfortable fit.

Chest: Measure around the fullest part of your chest, keeping the tape parallel to the floor. (Subtract 1”/2.54cm if you are measuring over clothes.)

Arm: Place hand on hip. Start at center back of your neck, measure across the shoulder to the elbow and down to the wrist.

Sport Shirt/Blazer size range: Use your chest and arm measurements to determine which size range to order.

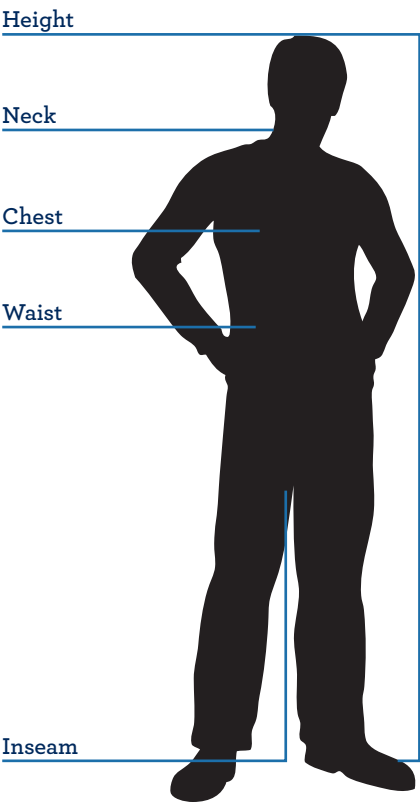
MEN’S PANTS

Waist: Remove your belt and bend to your side. Where your body curves is your natural waist. Measure here even if you wear your pants lower. (Subtract 1”/2.54cm if you are measuring over clothes.)

Pants Length (Inseam): Start where the insides of your legs meet and measure down the inner leg seam of your pants to your hem, or measure the inseam on your favorite pair of pants.

BLAZER FIT TIPS

When you try on a blazer, shirt sleeves should end ½”/1.27cm to 1”/2.54cm past the blazer sleeves. The length should cover the backside and the collar should reveal about ½”/1.27cm of your shirt collar.



YOUNG MEN’S						
size	x-small	small			medium	
	27	28	29	30	31	32
waist (in)	27	28	29	30	31	32
waist (cm)	68.6	71.1	73.7	76.2	78.7	81.3
hip (in)	34	35	36	37	38	39
hip (cm)	86.4	88.9	91.4	94	96.5	99.1
HEIGHT FOR ALL SIZES - 5’5”/165.1cm - 6’/182.9cm						

MEN’S											
size	x-small	small		medium		large		x-large		xx-large	
neck (in)	13½	14	14½	15	15½	16	16½	17	17½	18	18½
neck (cm)	34.3	35.6	36.8	38.1	39.4	40.6	41.9	43.2	44.5	45.7	47
chest (in)	33	34	36	38	40	42	44	46	48	50	52
chest (cm)	83.8	86.4	91.4	96.5	101.6	106.7	111.8	116.8	121.9	127	132.1
arm- regular (in)	32	32½	33	33½	34	34½	35	35½	36	36½	36½
arm- regular (cm)	81.3	82.6	83.8	85.1	86.4	87.6	88.9	90.2	91.4	92.7	92.7
arm-tall (in)	33½	34	34½	35	35½	36	36½	37	37½	38	38
arm-tall (cm)	85.1	86.4	87.6	88.9	90.2	91.4	92.7	94	95.3	96.5	96.5
waist-regular (in)	27	28	30	32	34	36	38	40	42	44	46
waist-regular (cm)	68.6	71.1	76.2	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8